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CONCEPT OF VIKAARAVIGHATABHAAVAABHAAVA AND ITS APPLICATION

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ABSTRACT

The *nidana panchaka* are the main source of understanding of the *vyadhi utpatti*¹. However, it not only gives an idea of *vyadhi* even about the *chikitsa* by the understanding of *nidana*, by *nidana varja*. This research is a literary. When we concentrate on the *samprapti* of each *vyadhi* we got an analysed theme of all *vyadhi pradurbhava* i.e., *Vikaara vighaata bhaavaabhaava*². On this statement of *vyadhi*, have various factors for the dependence and direct factors. This concept had already explained in *charaka* in the context of *prameha nidana*. However, it was a unique essence of *nidana sthaan* for all *vyadhi* in their manifestation. When we analysed with view of *charak* it has various application with clinical research and treatment aspect.

Keywords: Vikaara, Vighata, Nidaana, Dosha, Dooshya, Anubandha, Bhaayaabhaaya

INTRODUCTION

Ayurveda is a science of Trisutra³, where hetu and linga are prime factor for understanding of the vyadhi. Hence, charakaacharya mentioned the special logical and scientific general rule i.e., Vi-kaaravighaatabhaavaabhaava for the samprapti of all vyadhi in context of Pramehanidana⁴. That itself is a special contribution of charakasamhita in the field of nidanapanchaka of rogapradurbhaava.

Methodology:

The work is a type of literary research. Source of Data: the literary source is from all available *ayurveda* classical text with commentary and published

articles in authentic journals. The collected matter from various source were analyzed and critically correlated with contemporary classical text for better understand and authentification.

LITERARY REVIEW:

The Vishesha of NIdaana, Dosha, Dooshya will make Vishesha in Bhava Abhaava of Vikaaravighaata,

1. *Nidaana*, 2. *Dosha* and 3. *Dooshya*. When these three are not getting,

1. Parsaparaanubandha 2. Kaalaprakarsha, 3. Baliyaam, then vikkara is not able to get appeared i.e., Vikaaranaabhinivrutti.

Vikaaravighaatabhava means the Vikaaravighaatabhava i.e, factor those are unable to manifest the $vikaara^5$.

1. The three factors *Nidaana*, *Dosha* and *Dooshya* when they not *Anubandha* to each other the *vikaarajananabhava* will be not able to manifest the *vyadhi*.

Example: The *dosha*, *dooshya* and *nidana* they are not *anubandha* will leads to *hraasata* factor. As the *divaasvaapa* leads to *kaphaprakopaka* but *dosha*, *dooshya* are not in *anubandha*. Hence, *kaphaprakopa* will not happen.

The *samaanyavishesha* theory is applicable here. As the *Saamaanya* in *Dosha*, *Dooshya* and *Nidaana* are in *Anubandha* in *Vishesha* they are in Na *Anubandha*.

2. Kaalaprakarshanaanubandha

The *Kaala* can be considered as: a) *Vaya* b) *Dina* c) *Rutu* d) *Dosha* etc.

The delaying of combining the *Kaala*to *nidana* (*Aprakarshana*) *doshadooshya* will be *chirakaala* for the manifestation of *vyadhi*.

Ex. *Kaphakaala*- is *vasant* for *kaphavyadhi*manifestation, but *kaphadosha* in *ushnakaala*, *vruddhaavasthaa* will be the *naanubandha* for the *vikaaravighaataabhaava*.

Here mainly the *chaya*, *prakopa*, *prashamana* concept and *kriyaakaala* etc. are applicable.

3. Abaleeyaamanubandha

The *anubandha* of the *durbaladosha* into each othe are unable to produce the *vikaara* in *purusha*.

As they need the *prabala* up to the manifestation of the *vikaara*. If it is *abaleeyaam* that to *abubandha* with other *dosha* will not able to manifest the *vikaara* in that period of *bala*.

Ex. *Prakupita pitta* mostly will not produce the *vyadhi* in all *rutu* except *varshaa* and *sharad*.

In these *rutu* excepting the *varshaa* and *sharada* the *pittadosha* has *anubandha* with *abala*, hence unable to manifest the *vikaara* in remaining *rutu*.

VIPARYA OF *VIKAARAVIGHAATAB- HAAVAABHAAVA*⁶:

As *naanubandha* explained in previously the *viparya* will be *anubandha* these are

- 1. Anubandha of nidanadoshadooshya in paraspara.
- 2. Anubandha of kaalaprakarsha.
- 3. Anubandha of bala of dosha.

These make the *bhava* for the manifestation of *vi-kaarapradurbhaava*.

APPLIED ASPECT OF VI-KAARAVIGHAATABHAAVAABHAAVA:

The *prameha* has different *dosha dooshya* and *sam-moorchana*. Hence, the concept of the *vi-kaaravighaatabhaavaabhaava* came for the discussion.⁶

- 1. This theory is applicable to all *vyadhisamprapti* as (*Sarvatantrasiddhaanta*) *svasiddhaant*.⁷
- 2. The concept of *anubandha* of *nidanadoshadooshya* is applicable to determine the *samprapti* of *vyadhi*.
- 3. The roga- saadhyaasaadhyataa, assessment as anubanda is very much balavaana and kaalaprakarshaanubandha, balavaanadosha will make vyadhi as prabala, kashtasaadhya etc.⁸
- 4. The *naanubandha* of *nidana* can be adopted for *vyadhichikitsaa* in the form a) *pathyapaalana* b) *apathyavarja*.
- 5. Kaalaanubandha- can be elaborated and applied into vyadhi and vyadhichikitsa as Vaya- Baala-Kaphajaroga

Madhyama- pittajaroga

Vrudda- vaatajaroga

Rutu- Vasanta-kaphajavyadhi

Varshaa- vaatajavyadhi

Sharada- pittajavyaadhi

- 6. The *shaman* and *shodhana* can be well determined while adopting *chikitsa* as *balavaavadosha* presence in *vyadhiutpatti* always subsides with *shodhana*.
- 7. The general rule for *vyadhichikitsaas a*) *nidanavrja b*) *sampraptivighatana*Where *nidanavarja* applicable to the *naanubandha* of *nidana* in *parspara* of *dosha dooshya* and *sampraptivighatan* will be the *naanubandha* of *kaala*, *nidandosha*, *dooshya* and *abalata* of *dosha*.
- 8. The *vyadhikshamatva* is mainly related to *naanubandha* of *nidanadoshadooshya* as *kaalajabala*, *yuktikrutaandsahajabala* will make na*anubandha* of *vyadhiutpaadakabhavas* in *shareera*.
- To assess the aushada mainly on anubandha of dosha and kaala for chikitsa
 Ex. If kaphajavyaadhi manifests in the other rutu the shamanaushada for chikitsaa.
 If same kaphajavyadhi manifest in vasantarutu will need the shodhanaaushada for chikitsaa.
- Kaarana- Kaaryavaada can be explained as kaarana is anubandha of nidana dosha dooshya kaalabala of dosha.
 In viparya Kaaran is naanubandha of nidana dosha dooshya kalabalal of dosha.
 Kaarya- vyadhinapradurbhaava.

DISCUSSION

The Charaka aacharya had explained this concept in Prameshavyadhinidana for the sake of importance of the pramehavyadhi manifestation with doshajanidana. The cofactors of vyadhiutpatti are also having special contribution in the manifestation of vyadhi.

Ex. Boiling of milk and butter leads to *Kilata* or *Koorcha*. Similarly, with lemon juice also. The milk is the base but product will be differing. Similarly, in vyadhi manifestation the dosha are same but doshya and *sammurchana* were differ.

In addition, he elaborated the *saadhyasaadhyataa* of *prameha* as a). *Kaphaja* – *saadhya* by *samakriyatvaata*⁹. B) *pittaja* – *Yaapya* by *vishamakriyatvaat1*¹⁰

c) Vataj- asaadhya by mahaatyayatvaata¹¹. Etc applications of the above said concept will be the main applied aspects. The same concept is applicable for all *vvadhisamprapti* and even in *chikitsaPravrutti*.

CONCLUSION

This is the unique contribution of the *chara-kaaacharya* in the field of *vyadhi* manifestation or *samprapti*. The concept is special view for *bhishaka* for better understanding of the *vyadhisamprapti* in *sampraptivighatana*.

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