

A REVIEW OF RASAGANDHI MEZHUKU FOR ARBUDAS RELATED TO SHALAKYA TANTRA

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ABSTRACT

Malignancy is a threat to the modern era due to our improper life style and changing trends. Ayurveda which is an indigenous system of medicine contributing significantly towards the welfare of the society has mentioned effective approaches towards malignancy. "RasagandhiMezhuku" a unique preparation being practiced by several practitioners in India. It is very effective in diseases like *arbuda*, *netraroga*, *galaganda*, *gandamala*, *vrishanashopha*, *nadivrana* and *kushta*.

Key words: *Rasagandhimezhuku*, *Urdhwajatrugataarbuda*

INTRODUCTION

Rasaganthimezhugu, a unique siddha preparation composed of 38 herbal plants and 8 metals including Elemental Mercury, Elemental Sulphur, Mercurous chloride, Arsenic trisulphide, iron, Zinc, Copper Sulphate and Lead monoxide. This formulation is also used in the treatment of all Skin diseases, piles, various kinds of neuralgic pains, glandular enlargements, and various kinds of cancerous affections. Realizing the significant importance of this herbo-mineral preparation, an attempt is to make to review the effect of *RasagandhiMezhuku* in *UrdhwaJatrugataRogas*.

The body is made up of trillions of living cells. Normal body cells grow, divide to make new cells, and die in an orderly fashion. During the early years of a person's life, normal cells divide faster to allow the person to grow. After the person becomes an adult, most cells divide only to replace worn-out or dying cells or to repair injuries.

Cancer begins when cells in a part of the body start to grow out of control. There are many kinds of cancer, but they all start because of out-of-control growth of abnormal cells.

Cells become cancer cells because of damage to DNA. DNA is in every cell and directs all its actions. In a normal cell, when DNA gets damaged the cell either repairs the damage or the cell dies. In cancer cells, the damaged DNA is not repaired, but the cell doesn't die like it should. Instead, this cell goes on making new cells that the body does not need. These new cells will all have the same damaged DNA as the first cell does.

The cancers related to *Shalakyatantra* are Granuloma, Papiloma, Adenoma, Fibroma, Angioma, Squamous cell carcinoma, Basal cell carcinoma, Hemangioma, Melanocytoma, Choroidalostema, Hyperplasia, Benign cyst, Retinoblastoma, Astrocy-

toma, Mesodermal angiomata, Lymphiod tumour, Helial tumour, Chondroma, Osteoblastoma, Osteogenic sarcoma, Ewing's sarcoma, Keloid, Keratocanthoma, Osteoma, Exostoses, Ceruminoma, Glomus tumour, Acoustic neuroma, Schwannoma, Gioma, Olfactory neuroblastoma, Hemangiopericytoma, Plasmacytoma, Ameloblastoma, Pleomorphic adenoma, Oncocytoma, Mucoepidermoid carcinoma, Acinic cell carcinoma, Supraglottic cancer, Glottis cancer, Subglottic cancer etc.:

According to Acharya Vagbhata - when Granthis become too large it gets manifested as Arbuda, and that which has pre-

dominance of kapha and meda, which will not undergo paka.

RASAGANDHI MEZHUKU

"RasagandhiMezhuku" is a unique Siddha preparation from the reference "PULIPANI VAIDYAM 500" by "PULIPANI SIDHAR". It is a proposed effective treatment in arbuda.

Ingredients of the Rasagandhimezhugu

It consists of 38 herbal drugs and 8 metals including: Parada, Gandaka, Rasa Karpoora, Haritala, Kantaloha, Tutha, Rasaka, Mridarashringa.

Botanical origin

Sl. No	Siddha Name	Scientific Name
1	Chukku	Zingiberofficinale Roscoe.
2	Omam	Trachyspermumammi L.
3	Manjal	Curcuma longa L.
4	Vaividangam	EmbeliaribesBurm.f.
5	Vasambu	Acoruscalamus L.
6	Lavangam	Cinnamomumzeylanicum(Bl.)
7	Parangipattai	Cucurbitapepo L.
8	Serankottai	Semecarpusanarcadium L.
9	Kadukkaithole	Terminaliachebula Retz.
10	Karumseeragam	Nigella sativa L.
11	Kaattuseeragam	Centrathemanthelminticum L.
12	Siruthekku	PremnaherbaceaRoxb.
13	Thaaleesapathiri	Taxusbaccata L.
14	Thiraatchai	Vitisvinifera L.
15	Thippili	Piper longum L.
16	Sitraraththai	Alpiniaspeciosa L.
17	Kottam	Saussurealappa Clarke
18	Valuluvaiaarisi	CelastruspaniculatusWilld.
19	Perumseeragam	Foeniculumvulgare Miller.
20	Elaarisi	Elatariacardamomum L.
21	Jadhikkai	MyristicafragransHoutt.
22	Milagu	Piper nigrum L.

23	Seeragam	Cuminumcyminum L.
24	Karbogaarisi	Psoraleacorylifolia L.
25	Maasikkai	Quercusinfectoriaoliver
26	Thippilimoolam	Piper longum L.
27	Pirappankizhanguver	Calamusrotang L.
28	Ettikottai	Strychnosnux –vomica L.
29	Thetraankottai	Strychnospotatorum L.
30	Neermullividhai	AsteracanthalongifoliaL.Nees
31	Yellu	Sesamumindicum L.
32	Kopparaithekai	Cocosnucifera L.
33	Kollu	Dolichosbiflorus L.
34	Siruchinniver	AcalyphafruticosaForsk.
35	Mutchanganver	Azimatetracantha Lam
36	Amukkarakizhangu	Withaniasomnifera L.
37	Aaakaasagarudakizhangu	CorallocarpusepigaeusRotrl
38	Kodiveliverpattai	Plumbagorosea L.
39	Kozhimuttai	Gallus domesticus L.
40	Panaivellam	Borassusflabellifer

Metal and Mineral origin

1	Rasam	Elemental Mercury
2	Gandhakam	Elementary Sulphur
3	Pooram/Rasa karpooram	Mercurous chloride
4	Pathrathalagam	Arsenic trisulphide
5	Kaantham	Magnetite ore of Iron
6	Thurusu	Copper sulphate
7	Paalthutham	carbonate with traces of Zinc sulphate
8	Mirudarsingi	Lead monoxide

In the above drugs almost all have *Katu – Tikta Rasa, Ushna –Veerya, Dipana&KaphaVata Hara Properties. Parada* is having the *YogavahiniGuna* (enhances the properties of other drugs).

PREPARATION

5 gm of all drugs are grinded according to the given order.

At first *Parada* should be grinded then *Gandhaka*, then *RasaKarpoora > Haritala*

> KanthaLoha > Tutha > Rasaka > MridharaShrinki after all mineral origin drugs, then add Plant origin drugs in powdered form and grinded. After this 2 Egg White is added and mixed with above then at last 235 gm of *TalaSharkara* is added and grinded with it. These are triturated 12 hours continuously till it become *Mezhuku (Madyama) Paka*.

Dose -180mg Bd

Duration- 1 Mandala Kala (41days)

Anupana-Butter Milk

MODE OF INTAKE

- 8 days continuously twice daily
- Avoid bath during *Aushadha sevana*
- Stop for one day and take bath
- Pa Then continue till 41 days as in the same order

PATHYA APATHYAS

- *Pthya*:- Takram, Odanam, Ksheeram
- *Apathya*:-Vidhahi Ahara,
- *Kshara Padartha*, *Ativyayama*,
Mamsaaharam.

INDICATION

Granthi, Arbuda, Nayana Vyadhi, Galaganda, Gandamala, Karna Srava, Mukha Arshas, Bhagandara, Vata Rakta, Arshas.

DOSHA VIPAREETA-

Tikta rasa cause shosha of Meda, Kleda, Vasa & Majja.

Katu rasa- is Deepana and Pachana. It clears obstruction, removes Srotorodha and pacifies Kapha.

VYADHI VIPAREETA-

Mainly used for diseases like *Arbuda, Nayana Vyadi, Gala Ganda, Ganda Mala, Karna Srava, Mukha Arshas etc...*

CONCLUSION

It is noticed that the above mentioned compound drug is effective in *arbuda*. Also it can be more effective in *Arbudas* related to *urdhwajatrugata*. Most of the indications said by the author is related to *shalakyarogas* and from this it should be said that it is one of the unique preparation for the *Urdhwa-jatrugatavikaras*. Further research has to be done for the standardization of the formulation. This topic was selected for popularization of this drug and its awareness over *arbuda*

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