

CONCEPTUAL STUDY OF "GARVISHA"

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ABSTRACT

Ayurveda can be defined as system which uses the inherent principals of nature to maintain health in person by keeping individual's body, mind and spirit in perfect equilibrium with nature .Thus, In *Ayurveda Acharya* explained spectrum of *Garvisha* concept in many ways as important concept related in *Agad Tantra*. In *Ayurveda* the *Garvisha* is considered as one of the form of *Kritrimvisha* which gets formed by combination of two or more than two poisonous or non-poisonous drugs and ultimately affects the whole body by vitiating all the *dhatu*s in the body. It can go to such extent that it can alleviate the *dhatu*s drastically which in turns could prove to be fatal. *Agad Tantra* has explained *Garvisha* (Artificial poisons)with equally importance to natural poisons i.e. *Sthavar* and *Jangamvisha*.Detailed explanation of this poison ,its definition ,sign and symptoms, mode of administration and treatment has been described in detail. This study also aims to establish that *Garvisha* has significant role in causing toxic symptoms due to its various uses in present society and *Ayurveda* offers effective management.

Keyword: *Garvisha, Sthavarvisha, Jangamvisha, Ayurved, Agad Tantra.*

INTRODUCTION

"*Ayurveda*" is an ancient holistic medical system that originated in India. It is considered as the *upveda* of *Athervaveda*. *Agad Tantra* is one of the branches of *Ash-tang Ayurveda*. The word "*Gada*" literally means a disease, pain or a poison; therefore *Agad* stands for something which meant for defend of a disease or to combat to toxin. *Agad Tantra* is the science which deals with the study of the poisons, their action, there detection and treatment. *Visha* is the substance which immediately after entering into the body causes the vitiation of the healthy

*dhatu*s or killing of the healthy person is defined as *visha*. *Visha* causes sadness to the world¹. It creates depression and sorrow in the body and mind. *Garvisha* is the toxic combination of poisonous or non-poisonous substance² Poison is a substance which when administrated, inhaled or ingested incapable of acting deleteriously on human body and hazardous damage to vital organs and *garvisha* one of them which explained in following below. *Kritrimvisha* is called as *garvisha* according to *vagbhatta*³

AIMS AND OBJECTIVES:

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1. To study the concept of *Garvisha* according to *Ayurveda*.

2. Collect and arrange all the scattered references according to *Ayurved samhita*.

MATERIALS AND METHODS:

-The whole study is based on literary review collected from *Ayurved Samhita*

- Thus study is carried out under following heads

1. *Nirukti*. [Derivation]

2. *Paribhasha*. [Definition]

3. *Garvisha prayog* [Method of poisoning]

4. *Garvish lakshana* [Features of *garvisha*]

5. *Sadyaasadyatv* [Prognosis]

6. *Garvish chikitsa* [Treatment]

NIRUKTI: The 'Gara' word is derived from the root word *gru* with suffix *ach* which means to digluted or could be digluted which generally indicates the liquid form. From one aspect this word (*Gara*) meaning also come as poison⁴.

PARIBHASHA: CHARAK SAMHITA: *Gara* is a toxic combination of poisonous or non-poisonous substance and which exerts toxic effect after interval of some time and as such does not kill the patient instantly⁵.

In addition to *sthavar* and *jangamvisha* there is one another type of poisons *samyogajvisha* which is called *Garvisha*⁶. It creates many disease, *Garvisha* are not to digested they take long time to digest hence they are not fatal.

SHUSHRUT SAMHITA: The pulverized bodies of insect poisoning, as they do, the characteristic features of *Dushivisha* or enfeebled poison [laying inherent in human system] is turned into a *Gara* or chemical poison if administrated internally with any medicine or externally with any plaster/*lepa*⁷.

VAGBHATA SAMHITA: Combination of parts of the body and excreta of different

animals, incompatible drugs, ashes and poisonous substance of mild potency is known as *Garvisha*⁸.

Vagbhatta classified poison into two types. One is the *Akritrimvisha* [natural poison] and this subdivided into two i.e. *sthavaram* and *jangam*. The other one is the *kritrimvisha* which is called as *Garvisha*⁹ [unnatural or chemically prepared poison].

BHAVPRAKASH: *Bhavprakash* classified the *kritrimvisha* in different manner. The *kritrimvisha* is one which is prepared by non-poisonous substance called as *garvisha* and another which is prepared by poisonous substance is called as *Dushivisha*¹⁰.

YOGRATNAKAR: *Yogratnakar* also classified the *kritrimvisha* in two one which is prepared by combination of two poisonous substances called *dushivisha*. And other which is prepared by combination of two non-poisonous substances called as *Garvisha*¹¹.

SHARANGDHAR SAMHITA: *Sharangdhar* classified *KritrimVisha* in to two types, one of them is *Garvisha* and other is *Dushvisha*. *Dushvisha* is prepared by the combination of two poisonous substances and *Garvishais* prepared the by combination of two non-poisonous substances.¹²

MADHAVNIDANA: *Madhavnidhana* classified *Sanyogajvisha* in to two types, one is *Kritrimvish* which is prepared by poisonous substance and other is *Garvish* which is prepared by nonpoisonous substance.¹³

CHAKRAPANI: In his commentary he described the *samyogajvisha* is one of two types one which is prepared by non-poisonous substance called as *Garvisha* and another one which is prepared by poisonous substance called as *kritrimvisha*.¹⁴

GARVISH PRAYOG [METHOD OF POISONING] : *Charakacharya* describe

that women serve food mixed with their sweat, menstrual blood or different type excreta of their body to gain favor from their husband or under the influence of enemies they may administered *Garvisha* along with food.¹⁵ In the ancient time *Vishkanya* were also used in such way.¹⁶

Vishkanya: *Vishkanya* were young women reportedly use as assassins, often against powerful enemy, during the time of ancient Indian subcontinent.

Young girls were raised on carefully crafted diet of poison and antidote from a very young age.¹⁷ Their body fluids would be poisonous to others sexual contact would thus be lethal to other humans. There also exists that *vishakanya* can cause instant death with just a touch.¹⁸

According to *Aacharya Vagbhatta Virudha haaahar* act as *garvisha*.¹⁹

LAKSHANA OF GARVISHA: According to *yogratnakar* the appearance of symptoms after the intake of *garvisha* within 15 days to 1 month.

-Laziness, -heaviness, -cough, -dyspnea, -loss of strength, -hemorrhage, -edema, -yellow discoloration of eyes²⁰

Due to *Garvisha* following diseases are appear- *pandurog*, *krushta*, *mandagni*, pain in *marm-*

sthan. *adhman*, *grahani*, *yakshma*, *gulm*, fever.²¹

CHARAK: -Body become pale and weak

-poor digestion, -flatulence, -*udarrog*, -edema on limbs, -*grahani*, -*rajyakshma*, -*gulma*

-in dreams he mostly sees cats, jackals, moongos, monkey, dried rivers and trees.

-in dreams having lost his sense organs, he sees himself as fair complexion or devoid of ears and nose.²²

According to *Vagbhatta*: - edema, - *udarrog*, - *unmad*, -*pandurog*, -*mandagni*, -*adhman*, -increase the length of leaver stomach & spleen, -*dhatukshaya*²³

SADHYA ASADHYATWA [PROGNOSIS]

The patient of artificial poisoning dies very soon who does not get immediate treatment.²⁴

GARVISH CHIKITSA

1. **ASSESSING THE PATIENT:** *Garvisha* is often eaten unknowingly hence the patient does not feel anything amiss, immediately and can be treated at the onset of symptoms. If doctor suspect poisoning before starting the treatment the physician should examine and should ask as to what when and with whom he has eaten. After obtaining the information he should start a treatment.²⁵
2. **TREATMENT.** According to *charak*
 - a) *shodhana*: after assessing the patient immediately give *vaman* [emetic] therapy by the physician.²⁶ For that should be administered fine powder of copper along with honey for cleansing the heart [*hrudayashuddhi*]
 - b) *suvarnaprash*: after *hrudayashuddhi* the patient should be given one *shana* of the powder of *suvarna* [gold]. *Suvarna* controls all poisons & poisonous combinations. Poison does not adhere in the body on taking *suvarna* like water on lotus leaf.²⁷
 - c) Gold supposed to be the best medicine for *garvisha*
 - d) *Agadpana*: buffalo ghee cooked with *nagdanti*, *trivittit*, *dantidravanti*, milk latex of *snuhi* and *madanfala* along with one *adaka* of cow's urine is useful in curing patients suffering from the poisons of snake's insects and from *gara*.²⁸

ACCORDING TO VAGBHATTA

Patient of *garvisha* immediate give *vaman* after that give proper diets. *Vagbhatta* has quoted the following *yogas*.

1. *Sharkara suwarnadi leha*

Suwarna *makshika* and *suwarnabhasma* when given with sugar and honey cure *garvisha*.²⁹

2. Treatment of *mandagni*

The powder of *murva*, *amruta*, *tagar*, *pipli*, *patol*, *chavya*, *chitrak*, *vacha*, *musta*, *vidanga* mixed with either butter milk, warm water, water of curds, meat soup or sour liquid should be consuming by the patient having digestive fire destroyed by artificial poisoning.³⁰

3. Treatment of pain, *trushna*, *kas*, *shwas*, *hikka*, *jwar updrava-ghruta* and *trifala* juice with *makoy* shake- *shwas kas nashak*.

-decoction prepared from the meat of the pigeon, *shathi* and *pushkar mul* cooled and consume.³¹

4. Treatment in damaged skin

Apply *lepa* of *renuka*, *chandan*, *priyangu*, *khas* on skin.³²

5. Treatment of *ojkshaya*

Ubtan of *manjishta*, *apamarg*, *neem*, *haldi*, *pipal* and *chandan*.³³

6. Milk and ghee is supposed to be the best diet in *garvisha*.³⁴

YOGRATNAKAR: *Yogratnakar* quoted two *Garvishnashak Yogas* for *Garvisha Chikitsa*

1. *PutrajivmajjaYog*.

2. *Garnashanras*.³⁵

DISCUSSION AND CONCLUSION:

From all above information we can conclude that *samhita* defines *sthavar,jangam* and *kritrimvisha*. *Kritrimvisha* classified into two one is *dushivisha* and second is *garvisha*. In that *garvisha* is toxic combination of poisonous substance or non-poisonous substance and which exert the toxic effect after interval of some time and such not kill the patient instantly. *Garvisha* has significant role in causing toxic symptoms due to its various use in present society for

example consumption of *VirrudhaAahar* and *Ayurveda* offers effective management on it.

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