

RENAL CALCULI - FOLKLORE AYURVEDIC PRACTICE

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Introduction

- Data collected from Medical as well as non Medical (traditional) Pure Ayurvedic Practitioners
- Highlighted towards Vyadhipratyanik Chikitsa
(Investigation and Samprapti Ghataks Not considered)

Cont..

- But **Excellent** response by people due to good result has been seen.
- Very **Bad** and Insulting response during data collection.

Kolhapur Jotiba hill

- Davana –Sugandhi Plant Swarasa
- Dagadipala-Kalka

Kolhapur Radhanagari

- Vansha Mula Swarasa
- Sarata (Gokharu) Churna

Pune -Junnar

- Sariva +Varuna Kadha 3-4 ml
B.D.After food

Pune Urban

- By Old Physican

Lean Person –Sahachar Taila
Vataja samprapti?

Obese Person

Pashanbheda+Kutaki Churna

Kolhapur-Bhudargad Gargoti

- Primary Teacher (Mr.Palshivanekar)

Well Water(Kupa Jala) qty-5 ltr.

Nipani -Akola

- Sarata Churna—(Gokshura)

Pimpri Chinchvad

- Gulab Arka + Loni + Sharkara

Equally -2tsf

Pune –(Shirur Taluka)

- Vanshalochan -1/4 tsf. Along with Nagina patra swrarasa

Kolhapur Radhanagar(Titha)

- Dr.Shamrav Sutar.(R.M.P)
Pure Kata upto 200mg + Guda 3gm
B.D.

Athani.

- Dr.R.M.Haolge.(R.M.P)

Hulagaddhi 2 Kand + 2gm Jiraka

B.D.

Bagewadi Phata

- Tulsi Juice +Adraka Juice +Madhu
Whole combination upto 10-15 ml
Early morning

Belgaum-Dhamane

- Ritha 2gm + Karika Bija Churna
($\frac{1}{2}$ Bija)Prata

Halkarni Kolhapur

- Vansha Mula Swrasa 4ml Prata

Satara Appashinge

- Non Medical Army retired old practitioner (Mr.Nikam) -

Metha 6gm+1gm Madhu Alternate day
Early Morning

Handiganur BGM

- Kadali Kanda Swrasa

Early morning 6-10ml

Pune City

- **Vataja Samprapti** –Shachar Taila upto 15ml as Shamana Snehapana
- **Pittaja Samprapti**- Chandraprabhavati 250mg 6times per day.
- **Kaphaja samprati**-Pashanbheda +KatukiChurna
Anupana -Dhashmularistha

Conclusion

- Most of practitioners prescribe medicine on **Prata kal**
- Scientific collection and Clinical trial necessary to Prove Collected data

THANK YOU....