

## A RETROSPECTIVE CASE REVIEW ON BHAGANDARA AS PER VEERASIM-HAVALOKANA

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### ABSTRACT

*Bhagandara*, which is correlated to fistula in ano, is a debilitating disease which causes physical as well as mental agony for the patient. *Purva Janma Krita Papa* is among the Nidana of Bhagandara, which have directed the line of thought into assessing the involvement of *Jyotisha Shastra* in manifesting the disease. Here, a retrospective analysis of the birth chart of a patient diagnosed and underwent fistulectomy is done to verify the same.

**Keywords:** *Jyotisha Shastra*, *Bhagandara*, Fistula in ano

### INTRODUCTION

Rajput king Veerasimhan authored the textbook of Veerasimhavalokana in A.D 1383, who is the Son of Devavarmaraja and grandson of Kamalasha Simhan, who established the Tomara Dynasty in 1375. The book is known as Astro-Diagnosis of Diseases, and its treatment is meant for Vaidya, initially written in

Sanskrit. It comprises *Jyotisha Shastra*, *Dharma Shastra* and *Ayurveda*. The whole book has 76 chapters describing various diseases described in a pattern of reason (physical attributes like *Vata*, *Pitta*, *Kapha* and their contribution), findings (astrological planetary positions and symptoms as per *Darshana*,

*Sparsana and Prasna*) and the treatments (both *Daivavyapasraya* and *Yuktivyapasraya*). The text included slokas and references from both *Brihat Trayee* and *Lakhu Trayee*. The book also explains the *Roga* and *Rogi Pareeksha*, *Sadhyasadyata* of *Roga*, *Pancha Mahabhuta*, *Tridosha*, *Triguna*, *Sapta Dhatu*, *Manasika Dosha*, *Samanya Nidana*, *Lakshana* and *Chikitsa* for *Vata*, *Pitta* and *Kapha Dushti*. *Bhagandara* is one among the *Ashtamahagada Vyadhi*<sup>1</sup> mentioned in our Samhitas. The *Guda Pidaka*, which is highly painful, breaks to form the *Bhagandara*. The *Veerasimhavalokana* text has given a brief insight into *Bhagandara* Nirukti, Sampraprti, Pragraha and Smanya Lakshana, similar to Samhita's. It also lists a few treatment modalities like *Varti Prayoga*, *Virechana*, *Lepana*, *Vishyandana Taila*, *Karaveeradya Taila* etc. As per the *Jyotisha Shastra*, *Aditya* and *Shani* in the *Karkitaka Rasi* with *Drushti* of *Kuja* will cause *Bhagandara*. Also, *Budha* *Apahara* in *Chandra Dasa Kala* will cause diseases like *Kushta*, *Kandu*, *Bhagandara*, and *Kshaya*. And as *Daivavyapasraya Chikitsa*, the book has explained to do all the *Kriya*'s which pleases the *Shani*, like *Tila Dana*, *Seva* of *Bhrutya*, *Yogi*, *Vruddha* etc. Chanting of various mantras, pleasing to *Chandra* and *Surya*, has also been told in the text.<sup>2</sup>

**CASE REVIEW:**

A 24-year-old male patient who is a mechanic by profession, working in an Arab country started to experience severe pain in the Ano rectal region. On consultation with a physician, he was diagnosed to have a fistula in ano at a 7 'O'clock position and was suggested to undergo surgery. The patient underwent surgery in India on the 20th of April 2014.

The patient was born on 13<sup>th</sup> June 1990 in Calicut, Kerala. So, as per his birth chart, *Shani* is located in the 8<sup>th</sup> position, which is one of the reasons to get anorectal diseases. The lord of *Roga Sthana* (6<sup>th</sup> position) is *Kuja*, who is under the *Visesha Drushti* of *Shani* from the 8<sup>th</sup> position, which is also indicative of anorectal diseases, specifically *Bhagandara*. The period of *Gulika Bhavana Adhipa* (*Aditya*), which is a *Papa Graha* is situated in the *Nashta Sthana* (12<sup>th</sup> position). Along with the *Gochara Kala* of *Shani* (7 ½) leads to the *Patana* which is indicative of undergoing some physical strain, and in this case the patient underwent surgery during the same time period. Also, as per *Kala Purusha Rasi*, the 6<sup>th</sup> position i.e; the *Roga Sthana* is *Vruschika* for the patient, which denotes to anorectum and procreational organ, hence again the patient is highly susceptible to diseases affecting the anorectum.



Figure: 1 The birth chart of the patient

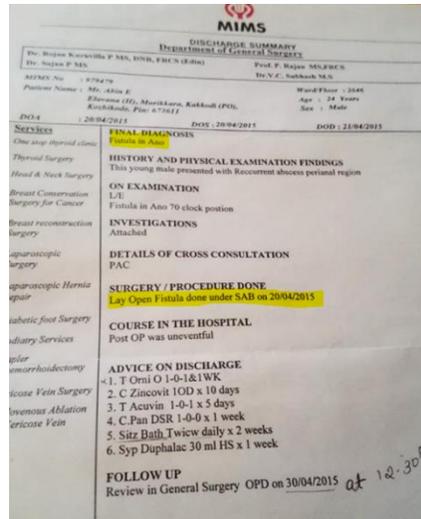


Figure 2: Discharge summary of the patient

## CONCLUSION

The science of *Ayurveda* and *Jyotisha Shastra* were developed almost in the same period. Hence, there are multiple cross-references in both sciences. But as technology advanced, the thought process of people also changed, which resulted in the decline of acceptance of both the sciences among the public, especially of *Jyotisha Shasta*. Hence, only a few studies have been done to validate the role of *Jyotisha Shatra* on human lives. Even *Acharya Susruta* has quoted that the *Janma Kala Krura Graha Nakshatra Pida*<sup>3</sup> will result in diseases. This case study is a clear example of how the same has affected the individual to manifest in the form of disease. If such analyses are made prior, being *Ayurveda Vaidya*'s, we can advise specific *Dinacharyas*, Diet and preventive medica-

tions for the patients and save them from grave diseases.

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